

Activity: Breakfast in Berlin



Brief description	Based on the breakfast menu of a café, cultural concepts are discussed as they underlie such everyday situations.
Goals	<ul style="list-style-type: none">• Reflection on one's own cultural perception• Dealing with concepts such as "typical" and their dependence on individual experiences and beliefs
Time	Approx. 45-60 min.
Method	Culturally unspecific Interactive
Material	<ul style="list-style-type: none">• Worksheet Breakfast Menu
Implementation	<p>Participants discuss the menu using the following guiding questions:</p> <ul style="list-style-type: none">• Imagine you wanted to have breakfast in this café, which breakfast would you choose? What influences your choice?• When would you call something "typical"? What could be some criteria?• In what situations do you encounter similar typologies?• Do you think breakfast preferences are something typical for a country (nation)?• To what extent do your reflections relate to either/or thinking or both/and thinking? <p>Evaluation in plenary: The participants present their results. The trainer moderates the discussion and summarises the core results.</p>
Notes	n/a
Source	Annika Schmidt/ Andrea Voigt



Task

Breakfast in Berlin

The menu on the following page offers a range of breakfasts that seem to be 'typical' for a particular country. Discuss the following questions in this regard:

- Imagine you wanted to have breakfast in this café, which breakfast would you choose? What influences your choice?
- When would you call something "typical"? What could be some criteria?
- In what situations do you encounter similar typologies?
- Do you think breakfast preferences are something typical for a country (nation)?
- To what extent do your reflections relate to either/or thinking or both/and thinking?

Source: Adelheid Iken



Frühstück / Breakfast (9.30 - 16.00 Uhr)

Französisches Frühstück / French Breakfast

Ein ofenfrisches Croissant serviert mit Marmelade, Nutella und Butter 4,90
1 croissant served with jam, Nutella, and butter

Pancakes

Original kanadische Pancakes serviert mit Ahornsirup / canadian pancakes served with maple sirup

Natur/ Plain	kleine Portion 4,90 / große Portion 6,50
mit Blaubeeren / wth blueberrys	kleine Portion 7,20 / große Portion 7,20
mit Bananen / with banana	kleine Portion 7,20 / große Portion 7,20
mit Früchten / with fruits	kleine Portion 7,20 / große Portion 7,20

French Toast

Mit Ei, Milch & Zimt mariniertes Toast in Butter gebraten, serviert mit Ahornsirup 5,90
with egg, milk, cinnamon marinated toast, fried in butter, served with maple sirup

Berliner Frühstück / Berlin Breakfast

Aufschnitt, 2 Sorten Käse, ein gekochtes Ei, Marmelade, Butter & Brotkorb 5,90
cold meat, 2 kinds of cheese, 1 cooked egg, jam, butter & breadrolls

Holländisches Frühstück / Dutch Breakfast

Drei Sorten Käse, ein gekochtes Ei, Marmelade, Butter & Brotkorb 5,90
3 kinds of cheese, 1boiled egg, jam, butter & breadrolls

Italienisches Frühstück / Italian Breakfast

Coppa di Parma, Mailänder Salami, italienische Mortadella & Mozzarella mit Tomate und Basilikum serviert mit einem gekochten Ei, Marmelade, Butter & Brotkorb 8,90
Coppa di parma, salami of milano, Itallian mortadella & mozzarella with tomato & basil
served with a cooked egg, jam, butter & breadrolls *for two 17,00*

Spanisches Frühstück / Spanish Breakfast

Rührei mit Chorizo, getrockneten Tomaten, Oliven & Ziegenkäse serviert mit Butter & Brotkorb 8,50
Scrambled eggs with chorlzo, dried tomatoes, olives & goat cheese served with butter & breadrolls

Englisches Frühstück / English Breakfast

zwei Spiegeleier serviert auf gebackenen Bohnen in Tomatensauce 8,90
 dazu kross gebratener Bacon, vier Nürnberger Rostbratwürstchen, Butter & Brotkorb
2 frled eggs served on baked beans in tomato sauce with bacon, 4 nuernberger sausages, butter & breadrolls

Skandinavisches Frühstück / Scandinavian Breakfast

Zarte Scheiben von hausgebeiztem Lachs mit Honigsenfauce & Dill, ein Rührei mit 8,90
 Tiefseegarnelen, Butter & Brotkorb *for two 17,00*
Slices of home marinated salmon with honey- mustardsauce & dill 1 scrambled egg with shrlmps, butter & breadrolls

Interkontinentales Frühstück / Intercontinental Breakfast

Greyezer Käse, italienische Mortadella, hausgebeizter Lachs, Coppa di Panna, kleiner Quark mit 10,00
 Früchten, ein kleiner Pancake, ein gekochtes Ei, Marmelade, Butter & Brotkorb *for two 19,00*
Gruyere cheese, Italian mortadella, home marinated salmon, coppa di parma, small curd cheese with fruits, 1 small pancake, 1cooked egg, jam, butter & breadrollls