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| Brief description |  | Based on the breakfast menu of a café, cultural concepts are discussed as they underlie such everyday situations. |

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| Goals |  | * Reflection on one's own cultural perception
* Dealing with concepts such as "typical" and their dependence on individual experiences and beliefs
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| Time |  | Approx. 45-60 min. |
| Method |  | Culturally unspecificInteractive |
| Material |  | * Worksheet Breakfast Menu
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| Implementation |  | Participants discuss the menu using the following guiding questions:* Imagine you wanted to have breakfast in this café, which breakfast would you choose? What influences your choice?
* When would you call something "typical"? What could be some criteria?
* In what situations do you encounter similar typologies?
* Do you think breakfast preferences are something typical for a country (nation)?
* To what extent do your reflections relate to either/or thinking or both/and thinking?

Evaluation in plenary: The participants present their results. The trainer moderates the discussion and summarises the core results. |
| Notes |  | n/a |
| Source |  | Annika Schmidt/ Andrea Voigt |

## Task

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| Breakfast in BerlinThe menu on the following page offers a range of breakfasts that seem to be 'typical' for a particular country. Discuss the following questions in this regard:* Imagine you wanted to have breakfast in this café, which breakfast would you choose? What influences your choice?
* When would you call something "typical"? What could be some criteria?
* In what situations do you encounter similar typologies?
* Do you think breakfast preferences are something typical for a country (nation)?
* To what extent do your reflections relate to either/or thinking or both/and thinking?

Source: Adelheid Iken |

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| **Frühstück / Breakfast (9.30 - 16.00 Uhr)** |  |
| **Französisches Frühstück / French Breakfast** |  |
| Ein ofenfrisches Croissant serviert mit Marmelade, Nutella und Butter*1 croissant served with jam, Nutella, and butter* | 4,90  |
| **Pancakes** |  |
| Orginal kanadische Pancakes serviert mit Ahornsirup / canadian pancakes served with maple sirup |
| Natur/ Plain | kleine Portion 4,90 / große Portion 6,50  |
| mit Blaubeeren / wlth blueberrys | kleine Portion 7,20 / große Portion 7,20  |
| mit Bananen / with banana | kleine Portion 7,20 / große Portion 7,20  |
| mit Früchten / with fruits | kleine Portion 7,20 / große Portion 7,20  |
| **French Toast** |  |
| Mit Ei, Milch & Zimt marinierter Toast in Butter gebraten, serviert mit Ahornsirup*with egg, milk, cinnamon marinated toast, fried in butter, served with maple sirup* | 5,90  |
| **Berliner Frühstück / Berlin Breakfast** |  |
| Aufschnitt, 2 Sorten Käse, ein gekochtes Ei, Marmelade, Butter & Brotkorb*cold meat, 2 kinds of cheese, 1 cooked egg,}am, butter & breadrolls* | 5,90  |
| **Holländisches Frühstück / Dutch Breakfast** |  |
| Drei Sorten Käse, ein gekochtes Ei, Marmelade, Butter & Brotkorb*3 kinds of cheese, 1boiled egg, jam, butter & breadrolls* | 5,90  |
| **Italienisches Frühstück / Italian Breakfast** |  |
| Coppa di Parma, Mailänder Salami, italienische Mortadella & Mozzarella mit Tomate und Basilikum serviert mit einem gekochten Ei, Marmelade, Butter & Brotkorb*Coppa di parma, salami of milano, ltallian mortadella & mozzarella with tomato & basilserved with a cooked egg, jam, butter & breadrolls* | 8,90 *for two* *17,00*  |
| **Spanisches Frühstück / Spanish Breakfast** |  |
| Rührei mit Chorizo, getrockneten Tomaten, Oliven & Ziegenkäse serviert mit Butter & Brotkorb*Scrambled eggs with chorlzo, dryed tomatoes, olives & goat cheese served with butter & breadrolls* | 8,50  |
| **Englisches Frühstück / English Breakfast** |  |
| zwei Spiegeleier serviert auf gebackenen Bohnen in Tomatensaucedazu kross gebratener Bacon, vier Nürnberger Rostbratwürstchen, Butter & Brotkorb*2 frled eggs served on baked beans in tomato sauce with bacon, 4 nuernberger sausages, butter & breadroll*s | 8,90  |
| **Skandinavisches Frühstück / Scandinavian Breakfast** |  |
| Zarte Scheiben von hausgebeiztem Lachs mit Honigsenfsauce & Dill, ein Rührei mit Tiefseegarnelen, Butter & Brotkorb*Slices of home marinated salmon wlth honey- mustardsauce & dill 1 scrambled egg with shrlmps, butter & breadrolls* | 8,90 *for two 17,00*  |
| **Interkontinentales Frühstück / Intercontinental Breakfast** |  |
| Greyezer Käse, italienische Mortadella, hausgebeizter Lachs, Coppa di Panna, kleiner Quark mit Früchten, ein kleiner Pancake, ein gekochtes Ei, Marmelade, Butter & Brotkorb*Gruyere cheese, Italian mortadella, home marinated salmon, coppa di parma,**small curd cheese with fruits, 1 small pancake, 1cooked egg, jam, butter & breadrollls* | 10,00 *for two 19,00*  |